



ANNUAL REPORT

2015

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About Us

Mission

The Katharine Howard Foundation (KHF) is an independent Foundation focused on improving the lives of young children and their families. The Foundation's work is underpinned by a commitment to equality and overcoming disadvantage and to promoting equality of opportunity for all children.

The Foundation's approach involves working with others in identifying needs, building on existing programmes, making grants and sharing the learning. KHF aims to contribute to the development of policy and practice, particularly in the early years and family support sectors.

Trustees:

David Kingston (Chairperson)
Eddie Shaw
Joan O' Flynn
Kieran Bristow
Dermot McCarthy
Maura Murphy

Legal and Financial:

Brian Little - Treasurer
Crawford Tipping F.C.A. – Auditor
Tilman Brewin Dolphin – Investment Managers

Staff:

Director - Noelle Spring
Administrator - Gina Allen
Project Officer - Jennifer Carroll
Programme Manager - Francis Chance
Strategic Planning Support – Marguerite Hanratty

Contact Information

The Katharine Howard Foundation
7 Red Cow Lane
Smithfield
Dublin 7
T. 00353 1 6618963
E info@khf.ie
W www.khf.ie

KHF Trustees:



David Kingston (Chairperson)

David Kingston has spent his working life in insurance, investment and pensions. Originally from Co. Derry, he went to university in England and qualified as an actuary in Scotland before moving to Dublin in 1968. He has a special interest in equality, particularly equality of opportunity. He has been a Trustee of the Katharine Howard Foundation since 1998 and holds the position of Chairperson since 2004. He is also a member of the Human Resources sub-committee.



Eddie Shaw

Eddie has worked at a senior level in the Financial Services sector where he held a number of Senior Executive positions for most of his working life. This has included general insurance and capital markets - fund management. From 1996 to 2005, Eddie was a member of the Board of the National Safety Council (Chairman from 2000 to 2005) and the High Level Group on Road Safety. Eddie is Head of Public Relations with a Communications Company since 2006. Eddie became a Trustee of the Katharine Howard Foundation in 2005. He is also a member of both the Finance and Investment sub-committee, and the Human Resources sub-committee.



Joan O'Flynn

Joan O'Flynn has wide ranging experience in social inclusion research, policy and practice gained through working in the community sector in Britain and in the civil and public service and voluntary sector in Ireland. Joan is currently the Ard Stiúthóir of the Camogie Association. Joan's former roles include Director of the National Advisory Committee on Drugs, Head of Communications and Public Education with the Combat Poverty Agency and National President of the Camogie Association. Joan became a Trustee of the Katharine Howard Foundation in May 2012. She is also a member of both the Implementation sub-committee and the Human Resources sub-committee.



Kieran Bristow

Kieran Bristow has worked his entire career in Financial Services including General Insurance, Life Assurance, Investment Management and as a Bank Treasurer. He has been a Trustee representative on a school board with specific responsibility for Finance. Kieran became a Trustee of the Katharine Howard Foundation in May 2012. He is also a member of the Finance and Investment sub-committee.

**Dermot McCarthy**

Dermot McCarthy is a former civil servant who worked in a range of government departments and was involved in a variety of areas of policy development and coordination, including anti-poverty strategy and local development. He has long been involved in voluntary and community organisations and serves on the boards of a number of voluntary and charitable bodies. Dermot became a Trustee of the Katharine Howard Foundation in February 2013. He is also a member of the Implementation sub-committee.

**Maura Murphy**

Maura is from County Wexford and trained as a nurse in the Mater Hospital, Dublin. She has worked for the Health Service Executive and Túsla (Child and Family Agency) for the past 36 years (she retired from Túsla at the end of 2015). She was employed as a Public Health Nurse in New Ross Health Centre for 10 years and was appointed as Preschool Services Officer in 1995.

During the past number of years, Maura has completed a BSc. Honours in Psychology and an MA (Ed) in Lifelong Learning. She has been involved with many voluntary and statutory agencies in the development of Preschool services in county Wexford and was a former board member of Wexford County Childcare Committee. She is passionate about the needs and rights of children and their families and the promotion of excellent standards of care and education for preschool children.

KHF Team:



Noelle Spring, Director

Noelle has worked with KHF as Director since 1999; her work with the Foundation has included designing, implementing and managing special grant initiatives including general grant schemes, demonstration programmes and research projects. Prior to working with KHF, Noelle worked as a Project Officer with the Combat Poverty Agency and a Community Development Worker and Social Worker with the HSE (formerly the Eastern Health Board).

A graduate of Social Work from Trinity College Dublin, Noelle was conferred in 2011 with a Doctorate in Education by St Patrick's College of Education in Dublin. Her doctoral thesis focused on absenteeism at Primary School Level in an area designated as disadvantaged.



Gina Allen, Administrator

Gina joined the Katharine Howard Foundation in 2014 to manage operational administration and programme support for the Foundation. She is an honours graduate of UCD with a degree in French and Spanish, spending her summers in Spain during her academic life. After completing college, she joined the Department of An Taoiseach for 3 years. Following a period of travel, she returned to Ireland in 2000, joining Accenture European Service Centre, before moving to The Coca-Cola Company in 2004 where she got involved in the company's corporate citizenship programme. Gina returned to Sydney in 2007 but a desire to work in the not for profit area in Ireland brought her back to Dublin in 2010 where she started volunteering initially, before joining the team at Suas Educational Development fulltime from 2010-2014.



Jennifer Carroll, Project Officer

Jennifer joined KHF as Project Officer on a one-year fellowship from Atlantic Philanthropies, to work on the development of the Parenting Support Initiative (PSI). PSI is a 3-year initiative supporting parents of children from birth to 3 years in their parenting role. From 2006 – 2014, she worked with Atlantic Philanthropies as Programme Associate on the Children & Youth Team providing support in the development of proposals for grants in the children and youth sector and supporting the monitoring of these grants post approval. Prior to this, a graduate in Marketing, her work experience straddles recruiting for the commercial sector and executive administration roles in multinational organisations.



Francis Chance, Programme Manager

Francis joined the Katharine Howard Foundation (KHF) as Programme Manager of The Nurture Programme – Infant Health and Wellbeing in July 2015. Francis is a Professionally Qualified Social Worker with almost 40 years' experience of working with children in Ireland in both the statutory and voluntary sectors. From 1983 to 2000, he worked in Children and Family Services within the Eastern Health Board and, latterly, the Northern Area Health Board. He held several roles including that of a Community Care Social Worker, a Community Development Worker, a Social Work Team Leader and Principal Social Worker for the North Inner City and Ballymun areas of Dublin. In 2000, Francis joined Barnardos as a Regional Manager and was appointed to the post of Assistant Director of Children's Services in 2004. In this capacity he was responsible for the planning, development and delivery of services in one of Barnardos five regions and participated in the national governance and development of the organisation.

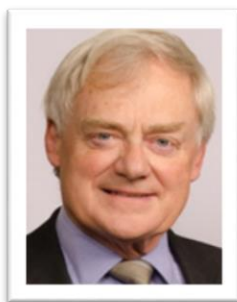
Francis has considerable experience in working strategically on committees and working groups at national, regional and local levels including the HSE Expert Group on Children (2006-2009), the Tallaght West Childhood Development Initiative, the South Dublin Children's Services Committee and the National Steering Group for Children's Services Committees. Since 2013 Francis was a member of KHF's Advisory Group for the Parenting Support Initiative.



Marguerite Hanratty, Strategic Planning Support

Marguerite has worked with the Katharine Howard Foundation (KHF) over many years in a strategic planning/programme consultancy role. Marguerite is a professionally qualified Social Worker and worked with the Health Service Executive (HSE) for 17 years, as a Social Worker and subsequently as a Community Development Worker in the Clondalkin area of Dublin. Over the past 15 years she has worked as an independent consultant providing a range of supports and services to community, voluntary and statutory organisations with a particular focus on the planning and development of new projects, programmes and initiatives. In her role with KHF, Marguerite has supported the Director in relation to the overall strategic planning of the Foundation's work and in particular the planning and development of a number of new programmes/initiatives including the Tallaght West Small Grants Programme (2004-2006), the Parent and Toddler Group Initiative (2006-2008) and more recently with the Parenting Support Initiative (PSI) (2013-2016) and the Nurture Programme - Infant Health and Wellbeing (2015-2018)

Chairperson's Report



I am pleased to present the 2015 Annual Report and Financial Statement for the Katharine Howard Foundation (KHF), established in 1979. Over the years KHF has gone through a number of phases which have seen various developments in the operation and governance of the Foundation.

The most notable point of change was in 1999 when the Trustees decided to formalise the Foundation's operations through the employment of a small staff support team and shifted its focus from being a reactive small grant maker to being more pro-active in its approach through targeted grant programmes and funding initiatives. This report outlines our main activities and learning during 2015 while also building on the work that took place over the previous years.

The Foundation, as an independent Irish grant-making Foundation, has a particular emphasis on working with children and families by supporting community projects and initiatives in areas that are socio-economically disadvantaged. Building on this work KHF aims to influence policy and practice so that they are informed by relevant evidence, and ultimately achieve better outcomes for children, young people, families and communities.

KHF has implemented a number of strategic grant programmes since 2001 and through this work, developed a positive track record of working in partnership with statutory, community and voluntary organisations and other funders. This partnership approach has proved successful over the years and helped the Foundation to meet its objectives.

KHF underwent a process of reviewing its strategic objectives in early 2013 and agreed a new three-year strategic plan for 2013-2016. It was clear from the review and

planning process that the Foundation should continue to operate its developmental approach to grant making within its primary area of expertise (early intervention through supporting children and families) and to continue to work with other partners, where possible.

The three-year strategic plan provides the focus for all the Foundation's work. We will be reviewing our current plan and developing a further plan over the next year.

KHF also worked closely with other Foundations such as The Atlantic Philanthropies and the Community Foundation for Ireland whereby co-funding arrangements were instigated towards specific grants. In addition, KHF networked with other organisations in the Philanthropic sector.

During 2015, the Foundation also provided strategic grants to meet with the objectives of its strategic plan and to progress and enhance the work in the early care and education sector in supporting children and families.

Priority was given in 2015 to the implementation of the second year of the Parenting Support Initiative (PSI). This is a collaborative partnership between the Katharine Howard Foundation and The Community Foundation for Ireland. PSI is a three year (2013-2016) strategic grants initiative with a focus on children from birth to three years and their parents, with a particular emphasis on supporting parents in their parenting role.

A second key priority for the Foundation in 2015 was the development of The Nurture Programme - Infant Health and Wellbeing. The Atlantic Philanthropies Board approved the proposal for this new three-year collaborative Programme in December 2014. The Programme is managed by KHF and aims to support the strategic reform of universal health and wellbeing services provided by the Health Service Executive for infants and their families.

I am very grateful to my fellow Trustees for their great commitment to the governance of the Foundation. Thanks are also due to the numerous individuals and organisations that assisted KHF, formally and informally, during 2015. We are very grateful for all the support and the willingness to work together and share learning so that we might improve outcomes for children and families.

All of the Trustees appreciate the inspiration, great work and dedication which the Director, Noelle Spring brings to the Foundation. Thanks are also due to staff that assisted the Director on a regular basis throughout 2015, particularly Gina Allen who provided administrative support and

Marguerite Hanratty who continued to provide strategic planning support. The Foundation was also very fortunate to have Jennifer Carroll join the KHF team working part-time from January 2015 on a twelve-month Atlantic Philanthropies Fellowship arrangement. This enabled the Foundation to provide additional support to the PSI. In July 2015 Francis Chance was recruited as Manager for the Nurture Programme which has enhanced the Foundation's capacity to plan for the development and implementation of the Programme.

During 2015 the Foundation has embraced the challenges of supporting the development and implementation of both PSI and the new Nurture Programme which are both based on positive collaborative working and funding relationships with key partners. The ongoing commitment to a range of strategic grants has also been maintained and enhanced by the Foundation. KHF has welcomed the opportunity to continue its approach to responding to the needs of children and families in a flexible and creative manner with a view to ensuring best outcomes for children and families.

David Kingston, July 2016



Background

Katharine Howard

The Katharine Howard Foundation (KHF) was established in 1979 by Katharine Howard, who was the last survivor of the Earls of Wicklow and resided most of her adult life in Co. Wexford.



She set up the Foundation with assistance from friends who agreed to support her by becoming Trustees. Her intention was to support locally based projects and community activities. She was a founder member of the Gorey Girl Guides and was involved in other voluntary organisations such as the Camphill Community that assisted people with disabilities and others, involving environmental projects. Initially she allocated £20,000 to her fund and gradually added more modest funds to the Foundation which continued distributing small amounts of funds until her death in 1990. Subsequently her estate and that of her American grandmother was then added to her endowment funds and this greatly increased the funding that was available. These funds were then carefully

invested by the Trustees who also expanded the organisation and sought advice to become strategic and focused about its grant making.

Key Principles

The key principles that underpin KHF's work are:

- A belief that KHF can make a difference through focused interventions based on collaboration, reflective learning, adding value and flexibility.
- A commitment to equality and overcoming disadvantage - in particular, to promote equality of opportunity for all children.
- A commitment to apply respect, integrity and empathy in all aspects of KHF's work.
- A commitment to transparency and accountability throughout all KHF's work.

Structure, Governance and Risk Management

The Katharine Howard Foundation is a registered charity with the Charities Regulatory Authority – CRA Number 20010928. It also holds a Revenue Charity number: CHY 6255. The Foundation was established by a trust deed on the 14th June 1979 and amended by a deed of variation on the 25th November 1986.

The Trustees of the Foundation are those listed under the previous section. New Trustees are appointed by existing Trustees. A scheme of delegation is in place and day to day responsibilities for the implementation

of the current strategic plan rest with the Director assisted by three Trustee sub-committees: Finance and Investment; Implementation Support and Human Resources. The Director has responsibility for the operational management of the Foundation, including staff supervision and team development, in line with best practice.

Trustee meetings are held at least four times a year and include a review of what was achieved and the outcomes of the work over the past 12 months. This review helps to ensure that the objectives and activities remain focused on the stated aims of the Foundation. All grants are reviewed and

approved by the Trustees. All Trustees give their time and expertise voluntarily, without any form of remuneration in cash or kind.

The Foundation is an associate member of the Association of Charitable Foundations (ACF), a support organisation for grant making trusts and foundations in the UK. KHF liaises with other foundations operating in Ireland on sectoral issues and joint grant making. In 2015 KHF became a member of the Prevention and Early Intervention Network (PEIN).

The Director and staff of the Foundation are assisted by establishing advisory groups for the various programmes and initiatives. In 2015 this included the Advisory Group for the Parenting Support Initiative and Steering and the Oversight Group for the Nurture Programme – Infant Health and Wellbeing.

Risk Management

The Trustees are aware of the major risks to which the Foundation is exposed, in particular those related to the finances and operations of the organisation and are satisfied that systems and procedures are in place to manage exposure to the major risks. The principal risks faced by the Trustees lie in the performance of investments and the operational risks of ineffective grant making.

The Trustees consider variability of investment returns on its equities, fixed interest stocks and cash constitute the Foundation's major financial risk. This is mitigated by retaining expert investment managers, Tilman Brewin Dolphin and having a diversified investment portfolio. A medium risk level is deemed to be most suitable for the Foundation's investment and at least two meetings a year are held with the investment managers to oversee this approach. The Finance and Investment Sub-committee assists the Trustees with the

oversight of the investments and reports at each Trustee meeting.

The major operational risk is the extent to which the grants awarded make an impact on the intended beneficiaries. The review and reflection approach taken by the Foundation is informed by the reports received from grantees and or programme partners. Recipients of strategic grants are required to provide a progress report within a year of the grant being allocated. This includes information on the grant purpose and project outline and information on what was achieved. Projects in receipt of multiannual funding through a specific programme, such as the Parenting Support Initiative, also provide additional information through Project evaluation. This learning then informs KHF's approach to assessment for future funding.

Work of the Foundation

Since the early 1990s the Foundation has operated as an independent all-Ireland grant-making Foundation with a particular emphasis on supporting community projects and initiatives in areas that are socially disadvantaged, particularly those with a focus on families and young children.

The work of the Foundation includes:

- Advocacy and development work;
- Providing funding through small grants;
- Supporting and co-funding social administration and policy research;
- Developing and implementing collaborative innovative programmes/initiatives.

KHF places great emphasis on working in partnership with statutory, community and voluntary organisations and other funders. This partnership approach has proved successful over the years and has affirmed the Foundation's developmental approach to its work in engaging in special projects

especially in the area of young children and family support. KHF has built in a support role accompanying grants where possible. This support role includes an emphasis on designing and planning activities and delivering activities through a considered

and reflective approach to project work. The impact of providing funding along with implementation support has strengthened the partnerships made by KHF within the sector in which it operates in.

The collaborative initiatives that KHF has initiated include:

- The Community Playgroup Initiative (2001-2004) in partnership with the South Eastern Health Board;
- Tallaght West Small Grants Programme (2004-2006) in partnership with The Atlantic Philanthropies;
- The Parent and Toddler Group Initiative (2006-2009) in partnership with the Office of the Minister for Children;
- The Parenting Support Initiative (2013-2016) in partnership with The Community Foundation for Ireland;
- The Nurture Programme – Infant Health and Wellbeing (2015-2018) in partnership with The Atlantic Philanthropies, the Health Service Executive, the Centre for Effective Services and the Community Foundation for Ireland.

Programme of Work 2015

2015 was another busy year for KHF and one that provided many challenges and opportunities. Central to the work was the development of its two core programmes, the Parenting Support Initiative (PSI) and the Nurture Programme - Infant Health and Wellbeing. KHF also continued to support projects and initiatives that linked with its overall strategic focus of supporting children and families in areas of socio-economic disadvantage.

Parenting Support Initiative (PSI): (2013-2016)

The three-year (2013-2016) Parenting Support Initiative (PSI) was developed based on consultations with key stakeholders and on research of the Early Year's Sector, where the gap for support for parents of children from pre-birth to three years was identified. The Parenting Support Initiative is a collaborative Initiative developed in partnership with The Community Foundation for Ireland (CFI), which allowed for the pooling of resources to increase the level of funds available for grants. PSI supports a number of projects working in socio-economically disadvantaged areas or specific socially disadvantaged (target) groups engaged in collaborative approaches to working with parents of children from birth to three years.

Objectives

The objectives of the PSI are to:

- Strengthen prevention and early intervention supports for children and families to achieve better health, wellbeing and learning outcomes for their children;
- Reinforce the developmental role of the Children and Young People Services Committees, City/County Childcare Committees, National Childcare Voluntary Organisations, Family Resource Centres and other community based services working directly with children from birth to 3 years and their parents;

- Strengthen the links between existing health and community based services to support a holistic approach to meeting infants' and young children's needs;
- Build on the learning from initiatives such as, the Prevention and Early Intervention Programme (PEIP) and the National Early Years Access Programme (NEYAI).

The PSI was designed to support prevention and early intervention evidence informed or evidenced-based programmes, practices and approaches that:

- Support parents in meeting their children's developmental needs – physical, social, emotional and cognitive;
- Support parents as their children's primary educators in creating a positive home learning environment;
- Support informal learning of parents with a particular emphasis on parent literacy;
- Increase parental self-efficacy and confidence in their parenting role;
- Increase parenting skills and capacity;
- Reduce parental stress;
- Promote positive parent child interaction and attachments.

PSI was designed to support a specific small number of projects that were likely to have the greatest impact in terms of improving outcomes for children through support for

parents and also projects that would provide good learning opportunities in the area of prevention and early intervention. The total amount of funding available through the programme is €640,000.

The implementation phase of the Initiative began in 2014. KHF and CFI allocated €180,000 towards core grants to be paid in the first year. KHF also allocated an additional €100,000 to fund once-off small grants in 2014 as part of the PSI. A total of 59 organisations from across the country were

selected to receive grants under the Initiative; 16 organisations received core grants while 43 organisations received small once-off grants. The amount of the grant allocated ranged from €1,000 - €15,000, depending on the category and the focus of the proposed projects. The funded projects come from all of the 26 counties and include a wide range of organisations within the community and voluntary sector.

In 2015, Year (2) of the Initiative, €186,500 was allocated to the Core Projects.

Sharing the Learning from PSI

In 2015 KHF was pleased with the development of the second year of PSI. The support and advice of the Advisory Group continued to be extremely helpful in keeping the Initiative on track and ensuring that as much impact is obtained from the initiative as possible. Opportunities to communicate the work and learning from PSI were further developed through a review of the Once-off Grants projects, the PSI Networking event for Core projects and the production of a PSI leaflet.

Once-off Grant Recipients: As part of the grant process the 43 projects that received a once-off grant were requested to complete a progress report on the impact of the grant. Reports were completed by all of the projects and returned to KHF in November 2014. The small grants ranged from €1,000-€4,000, with the majority in the €1,000-€2,000 grant range. A [summary snapshot of information](#) and learning from the progress reports was compiled in 2015.

A wide range of organisations throughout the country (see map) were funded through this Initiative including Family Resource Centres, City/County Childcare Committees, Child and Family Centres, Family Support Organisations, Youth Services, Disability Services, Drugs Projects, Traveller Programmes, Partnership and Local Development Organisations, Health Services and Arts projects.

Core Projects: The PSI core projects continued to make good progress in the second year of the Initiative with positive

work happening in different settings and with a variety of approaches to supporting parents of the under 3s. KHF was very fortunate to have Jennifer Carroll working part-time with PSI during 2015. This was a twelve-month Atlantic Philanthropies Fellowship arrangement. The additional support enabled KHF to make progress in implementing PSI priorities and in particular in providing more direct support to the core projects through regular contact, updates and guidance.

The 16 Core Projects engaged actively and positively with KHF and completed progress reports for Year (1) and proposals for Year (2). One of the projects was unable to continue into year (2) due to organisational restructuring and lack of staff capacity to continue with the project.

A PSI Networking Event involving representatives from the 16 Core projects was held on 17th June 2015.



The theme of the event was 'Sharing the Learning' and a number of the projects presented on specific themes including engaging parents, interagency collaboration and the achievements and challenges of project implementation.

The projects also presented their work in a poster display format which proved very useful and successful as a means of projects sharing their work.



The Minister for Children and Youth Affairs, Mr James Reilly attended the event and spent time meeting with individual project representatives. A record of the event along with photos and presentations is available on the KHF website.

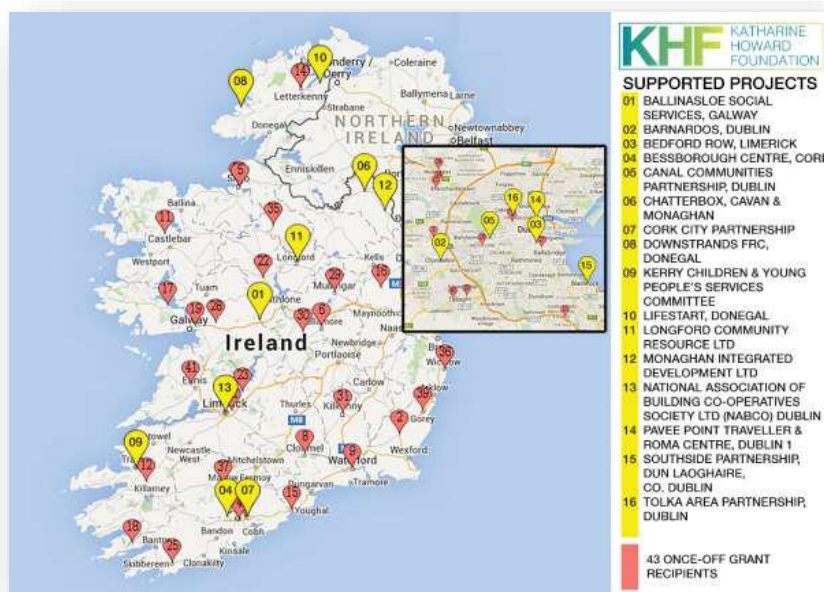


A [PSI leaflet](#) was also produced to explain the work of the Initiative and was widely circulated.



Planning for PSI Year (3):

The progress reports indicated that the projects are generally on track and making progress in meeting their aims and objectives. Overall the projects continued with the same focus and direction in year (2) with some new or additional activities to enhance same. The focus on inter-agency working continued to be important in planning and developing project plans. The planning for the final year of PSI will include a strong focus on strategic planning, future sustainability of the work, connecting the work of PSI with the Nurture Programme – Infant health and Wellbeing and tracking, documenting and sharing the learning.



The map indicates the geographical spread of the PSI Grant Recipients.

The 16 core projects are named and indicated by a yellow balloon and the 43 once-off projects are indicated by the pink balloons.

Grants to PSI Core Projects 2015

Lead Organisation	Org Category	Grant Amount	Grant Awarded Towards
Ballinasloe Social Services, Galway	Community Childcare	€12,500	Delivery of Incredible Years programme and coaching sessions to parents of 1-3 yrs olds
Barnardos, Dublin	National Organisation	€11,500	Towards the Audit of Needs & parent support project in Dublin 12
Bedford Row, Limerick	Provides support to families affected by imprisonment	€12,000	Towards the provision of a Support Worker for young women prisoners and ex-prisoners
Bessborough Centre, Cork	Support service for teenage parents	€8,000	To fund a Parent Infant Mental Health practitioner to lead the Baby Babble Group
Dublin South City Partership (formerly Canal Communities Partnership)	Partnership/Local Development	€15,000	Delivery of the Parent Child Home Programme (PCHP) to parents and their children aged under three in the CCP (Bluebell, Islandbridge, Inchicore, Kilmainham and Rialto) and Crumlin/ Drimnagh areas
Cork City Partership	Partnership/Local Development	€9,000	Training in Incredible Years programme for local leaders and support childcare practitioners to engage effectively with parents
Chatterbox, Cavan & Monaghan	County Childcare Committee	€9,500	Delivery of a Speech and Language project for parents & an information day for parents in Cavan & Monaghan

Downstrands Family Resource Centre, Donegal	Family Resource Centre	€15,000	Delivery of Child and Parent Programmes & links to local pathways for a number of Family Resource Centres in County Donegal
Children & Young People's Services Committee (CYPSC), Kerry	Children & Young People's Services Committee	€13,500	To deliver a Language and Play Programme to 15 organisations, to include Family Resource Centres and Parent & Toddler Groups throughout Co Kerry
Lifestart, Donegal	Home-based Family Support	€15,000	To deliver a train the trainers 'Spirals Parenting Programme' to those working with parents of under 3's in County Donegal and purchase related materials
Longford Community Resource Ltd	Partnership/Local Development	€7,000	Delivery of the Filial Play Therapy Programme to children from Longford Town, Edgeworthstown, Granard and Ballymahon
Monaghan Integrated Development Ltd	Partnership/Local Development	€10,000	Training in Parents Plus Programme, including a contribution towards childcare costs in a number of Community Childcare Services in County Monaghan
Cooperative Housing Ireland (formerly NABCO)	Social Housing	€8,500	Delivery of specific parenting support programmes to parents in social housing settings in various urban areas of disadvantage
Pavee Point Traveller and Roma Centre, Dublin	Organisation committed to the attainment of human rights for Irish Travellers and Roma	€13,500	Delivery of the Parent Child Home Programme (PCHP) to Traveller families in the Blanchardstown and Finglas area
Southside Partnership, Dublin	Partnership/Local Development	€11,500	The Delivery of an Integrated Early Intervention and Family Support Group in Mounttown, Dun Laoghaire, Co. Dublin
North West Area Partnership (formerly Tolka Area Partnership)	Partnership/Local Development	€15,000	Delivery of the Dublin 7 Parenting Baby Support Programme
TOTAL		€186,500	

The Nurture Programme - Infant Health and Wellbeing (2015-2018)

Building on the work and learning from PSI, KHF also progressed discussions with The Atlantic Philanthropies (Atlantic) on improving outcomes for children through the development of a new Infant Health and Wellbeing Programme that would complement the Foundation's Parenting Support Initiative and also provide for an even greater focus on meeting the needs of all children and their families during pregnancy and up to a child's third birthday. A proposal for the Programme was developed with key stakeholders and was successfully approved by the Board of Atlantic in December 2014.

The Programme completes a long-term cycle of investment by Atlantic with the goal of creating evidence-based policy, services and practices in Ireland. It aligns with Atlantic's commitment to ensure that its final grants deliver impact at the level of long term, sustainable systemic change that makes a real difference to the lives of children and their families. One of the most significant findings from national and international research is that the first two years are the most critical time in a child's development and what happens in this developmental phase can influence the trajectory of a child's life positively or negatively. Furthermore, early intervention and prevention can offer significant benefits in terms of delivering best outcomes for children.

The Nurture Programme- Infant Health and Wellbeing is a three year programme and is primarily focused on working with the Health Service Executive's (HSE), Health and Wellbeing and Primary Care Divisions, in the development of an integrated approach to service planning and delivery to improve health and wellbeing outcomes for infants and their families. KHF is managing the grant

and the work programme will be delivered by the Health Service Executive (HSE) with technical and implementation support provided by the Centre for Effective Services (CES).

The Programme planning and development was progressed in 2015 including the establishment of structures to support the Nurture Programme including an Oversight Group and a Steering Group comprising the main stakeholders. During 2015, Francis Chance was appointed as KHF's Programme Manager for The Nurture Programme, taking up his post in July. The HSE appointed Anne Pardy as their Programme Lead for the Programme, taking up her post in September 2015 and earlier in 2015, CES assigned Stella Owens as Project Lead for the Programme.

A Scoping exercise was undertaken by the CES (in collaboration with the HSE) of current HSE services, structures, training, policy and evidence of what works with a view to identifying strengths, gaps and needs. The report produced as a result of the scoping exercise supported the development of a detailed Nurture Programme Implementation Plan.

An important element of the planning in 2015 included the establishment of an Infant Development Fund by the Community Foundation for Ireland (CFI) with matching funding commitments from CFI and Atlantic. This fund will ensure continuity of the work of PSI and the Nurture Programme - Infant Health and Wellbeing based on the learning from these programmes.

The development and implementation of the Nurture Programme will form a central part of the Foundation's work over the next three to four years.

Other Key Areas of KHF's Work

Other areas of KHF's work over the past year included its ongoing commitments to a range of other initiatives, organisations and foundations. This includes ongoing membership of the Parenting Network (formally the Special Interest Group on Supporting Parents), coordinated by the Centre for Effective Services (CES). KHF was also directly involved in a range of other organisations and structures identified as important and relevant to the Foundation's vision and which are deemed to contribute to the implementation of its overall aim of supporting children and families with a particular focus on the early years and these include:

Start Strong: Start Strong was originally founded in 2004 as the Irish Childcare Policy Network (ICPN), a coalition of organisations and individuals interested in progressing childcare and early learning policies in Ireland. ICPN evolved into Start Strong in 2009 with the aims of progressing the early care and education (birth-6 years) agenda in Ireland and also advocating for increased investment in support services. KHF was a founder member of ICPN and a funder since its start-up phase. The Foundation continued to provide funding (multi-annual, 2012-2015) to Start Strong, along with The Atlantic Philanthropies and The Community Foundation for Ireland. KHF maintained a close working relationship with the organisation and the other funders.

Parenting Network (hosted by the Centre for Effective Service (CES)): KHF is a member of [The Parenting Network](#)

(formerly known as the Special Interest Group) supporting parents in their parenting role. The group was established in 2010 by CES to create a unique space for developing the thinking about issues that are relevant to parents in their parenting role, building bridges between people, groups and agencies, adding value to existing work and networks and developing a strategy that ensures parenting is highly valued and supported. This is an all-Ireland group and includes CEOs, funders and public officials, professional bodies and practitioners engaged in direct work and academics and professional researchers working in this sector.



In February 2015 a conference "[Supporting Parents: Sharing good practice, models and approaches](#)" was held by the Parenting Network in Dublin Castle. The opening address was by DCYA Secretary General, Dr Fergal Lynch. This conference provided an opportunity for 178 attendees, working in or with an interest in services for parents, children and families across public and voluntary sectors to share good practice models and approaches in supporting parents throughout the island of Ireland.

KHF Strategic Grants 2015

The Foundation also continued to fund a number of grants that provide support to other organisations and groups involved in work linked to KHF's strategic plan and which provide great learning opportunities.

This year a small number of strategic grants were made to support work in the children and family support sector. This work often involved securing matching or co-funding from other Foundations and Trusts.

Organisation	Project Funded	Grant €
Childhood Development Initiative	Year 2 grant for parenting in prison project	€5,000 (Co-funded with CFI)
Start Strong	Final year of a 4 year grant towards an advocacy organisation on progressing childcare & early learning policies in Ireland	€10,000 (Co-funded with Atlantic Philanthropies & Community Foundation for Ireland)
UNESCO Child and Family Research Centre (NUIG)	Mothers in Prison in Ireland Research Project	€1,650
Common Purpose Ireland	Bursary Place for Meridian Programme 2015/2016	€3,000
The Club/Solas@School	Art Therapy Programme for parents of the children in the afterschool club	€3,000
Balbriggan Art Integration Project	Integration Through Art (ITA) Project	€100
Exchange House National Traveller Service	Educational Achievement Awards for members of the Traveller community	€1,000
Rialto Family Welfare Initiative	Community based group working to support families and link them into services	€1,500
Dochas Family Centre	Occupational therapy programme 'Alert programme'	€2,000
St Andrew's Resource Centre	Upskill childcare staff to obtain level 7 qualification	€5,000 (per year for 2 years)
One In Four Ireland	Support Group for Wives/Partners of Sex Offenders	€5000
Children's Rights Alliance	Children's Rights Alliance Annual Report Card Series	€5,000
Centre for Effective Services	European Implementation Collaborative	€2,000
Gorey Educational Trust	Support documentary film-making	€5,000
TOTAL		€49,250

Summarised Financial Statements 2015

Income and Expenditure Summary Balance Sheet

Katharine Howard Foundation (Established by Trust Deed in 1979)

Income and Expenditure			Summary Balance Sheet		
<u>Income</u>	2015	2014		2015	2014
	€	€		€	€
Investment Income	284,405	237,919	Financial Assets	8,985,221	8,341,970
Restricted Programme Income			Current Assets	1,496,942	280,828
PSI	100,000	100,000	Current Liabilities	-123,146	-109,903
Nurture Programme	3,033,365		Total Assets Less Current Liabilities	10,359,017	8,512,895
Total Income	3,417,770	337,919	Total Funds at 31 st December	10,359,017	8,512,895
<u>Expenditure</u>	2015	2014	<p>The financial information on this page has been extracted from The Katharine Howard Foundation's Audited Financial Statements for the year ended 31 December 2015 which were approved by the Trustees on 19 May 2016.</p> <p>The 2014 income figure differs from the previous statement due to a change in the procedures for the accounting of accrued investment income.</p>		
	€	€			
Grants Allocated (PSI & Other)	228,173	328,077			
Nurture Programme	1,616,549				
Staff costs	278,105	121,919			
Governance Costs	6,230	4,200			
Cost of Generating funds	21,337	20,301			
Support Costs	70,873	17,534			
Total	2,221,267	492,031			